

GAUTENG 2009 RESULTS - BY LIFTER

| M/W | Lot | Div Kg | Name | Competition | SQ Result | BP Result | DL Result | Tot. Result | Powerlifting Points | BP Badge | Powerliftin Badge | Bench Points |
|-----|-----|--------|--------------------|-----------------|-----------|-----------|-----------|-------------|---------------------|----------|-------------------|--------------|
| M | 1 | 125 | Alan Chapman | Gauteng Xmas | 285.0 | 170.0 | 320.0 | 775.0 | 449.73 | Black | Bronze | 98.651 |
| W | 2 | 90 | Allyssa Dosramos | SA Bench Nov | | 65.0 | | 65.0 | 56.17 | Orange | Yellow | 56.1665 |
| M | 3 | 82.5 | Anthony Paladin | Gauteng Dev | 130.0 | 85.0 | 170.0 | 385.0 | 269.46 | Yellow | Yellow | 59.4915 |
| M | 4 | 90 | Barrie-Jon Mulder | Gauteng Xmas | 135.0 | 85.0 | 175.0 | 395.0 | 256.39 | Yellow | Yellow | 55.1735 |
| M | 5 | 125 | Barry Lombard | Pirates | 165.0 | 155.0 | 210.0 | 530.0 | 306.87 | Brown | Orange | 89.745 |
| M | 6 | 100 | Brad Hall | Pirates | 130.0 | 115.0 | 190.0 | 435.0 | 273.70 | Orange | Yellow | 72.358 |
| M | 7 | 110 | Brett Parker | Gauteng Xmas | | 160.0 | | 160.0 | 97.18 | Black | Yellow | 97.184 |
| M | 8 | 82.5 | Brian Coleman | SA Bench Nov | | 120.0 | | 120.0 | 80.69 | Blue | Yellow | 80.688 |
| M | 9 | 82.5 | Brian Coleman | SA Raw Bench | | 100.0 | | 100.0 | 67.24 | Orange | Yellow | 67.24 |
| M | 10 | 110 | Clyde Keevy | SA Bench Nov | | 165.0 | | 165.0 | 97.10 | Black | Yellow | 97.1025 |
| M | 11 | 110 | Clyde Keevy | SA Raw Bench | | 140.0 | | 140.0 | 83.23 | Blue | | 83.23 |
| M | 12 | 67.5 | Damion Piquet | Gauteng Champs | 92.5 | 55.0 | 120.0 | 267.5 | 215.52 | Yellow | Yellow | 44.3135 |
| M | 13 | 67.5 | Damion Piquet | SA Powerlifting | 100.0 | 55.0 | 150.0 | 305.0 | 258.55 | Yellow | Yellow | 46.6235 |
| M | 14 | 75 | Dan Oppenheim | SA Bench Nov | | 120.0 | | 120.0 | 85.51 | Brown | Yellow | 85.512 |
| M | 15 | 82.5 | Dan Oppenheim | SA Powerlifting | 175.0 | 122.5 | 217.5 | 515.0 | 366.63 | Blue | Blue | 87.20775 |
| M | 16 | 82.5 | Dan Oppenheim | SA Bench Feb | | 127.5 | | 127.5 | 90.27 | Blue | Yellow | 90.27 |
| M | 17 | 82.5 | Darryn Anthony | SA Powerlifting | 280.0 | 172.5 | 260.0 | 712.5 | 477.30 | Gold | Gold | 115.55775 |
| M | 18 | 82.5 | Darryn Anthony | SA Bench Feb | | 170.0 | | 170.0 | 114.31 | Gold | Yellow | 114.308 |
| M | 19 | 100 | De villiers Venter | Pirates | 180.0 | 122.5 | 222.5 | 525.0 | 320.41 | Green | Green | 74.76175 |
| M | 20 | 75 | Dean Rickelton | Gauteng Champs | 95.0 | 65.0 | 147.5 | 307.5 | 221.40 | Yellow | Yellow | 46.8 |
| M | 21 | 82.5 | Dillon Bakos | Gauteng Champs | 112.5 | 65.0 | 152.5 | 330.0 | 226.18 | Yellow | Yellow | 44.551 |
| M | 22 | 82.5 | Dylan Van Houten | Gauteng Xmas | 150.0 | 95.0 | 190.0 | 435.0 | 301.11 | Yellow | Orange | 65.759 |
| M | 23 | 75 | Errol Gottlich | SA Bench Nov | | 102.5 | | 102.5 | 73.04 | Green | Yellow | 73.0415 |
| M | 24 | 82.5 | Errol Gottlich | SA Raw Bench | | 105.0 | | 105.0 | 74.40 | Orange | Yellow | 74.403 |
| M | 25 | 75 | Errol Gottlich | SA Bench Feb | | 100.0 | | 100.0 | 72.85 | Green | Yellow | 72.85 |
| M | 26 | 75 | Eugene Popov | SA Bench Feb | | 177.5 | | 177.5 | 129.58 | Elite 2 | Yellow | 129.575 |
| M | 27 | 110 | Gary Katzen | Gauteng Champs | | 165.0 | | 165.0 | 97.81 | Black | Yellow | 97.812 |
| M | 28 | 100 | Gary Katzen | SA Bench Nov | | 172.5 | | 172.5 | 105.41 | Bronze | Yellow | 105.41475 |
| M | 29 | 110 | Gary Katzen | InterProvincial | | 185.0 | | 185.0 | 110.37 | Silver | Yellow | 110.371 |
| M | 30 | 110 | Gary Katzen | SA Raw Bench | | 150.0 | | 150.0 | 89.58 | Brown | | 89.58 |
| M | 31 | 110 | Gary Katzen | SA Bench Feb | | 187.5 | | 187.5 | 111.24 | Silver | Yellow | 111.24375 |
| M | 32 | 67.5 | Harry Shomalistos | SA Bench Nov | | 165.0 | | 165.0 | 127.22 | Elite 3 | Yellow | 127.215 |
| M | 33 | 67.5 | Harry Shomalistos | SA Raw Bench | | 140.0 | | 140.0 | 108.58 | Gold | | 108.584 |
| M | 34 | 100 | Henk De Wet | Gauteng Champs | 240.0 | 172.5 | 255.0 | 667.5 | 414.58 | Bronze | Black | 107.13975 |
| M | 35 | 100 | Henk De Wet | SA Powerlifting | 245.0 | 177.5 | 282.5 | 705.0 | 439.14 | Silver | Bronze | 110.56475 |
| M | 36 | 100 | Henk De Wet | SA Raw Bench | | 130.0 | | 130.0 | 81.54 | Green | | 81.536 |
| M | 37 | 100 | Henk De Wet | SA Bench Feb | | 175.0 | | 175.0 | 109.45 | Silver | Yellow | 109.445 |
| M | 38 | 125 | Ian Furman | SA Raw Bench | | 200.0 | | 200.0 | 113.96 | Gold | | 113.96 |
| M | 39 | 125 | Ian Furman | SA Bench Feb | | 255.0 | | 255.0 | 145.43 | Elite 4 | Yellow | 145.4265 |
| M | 40 | 90 | Irvine Dekeya | Gauteng Champs | 190.0 | 130.0 | 220.0 | 540.0 | 346.14 | Blue | Blue | 83.33 |

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| M | 41 | 90 | Irvine Dekeya | SA Bench Nov | | 125.0 | | 125.0 | 79.80 | Blue | Yellow | 79.8 |
| M | 42 | 90 | Irvine Dekeya | SA Powerlifting | 215.0 | 132.5 | 235.0 | 582.5 | 372.10 | Blue | Brown | 84.641 |
| M | 43 | 90 | Irvine Dekeya | SA Raw Bench | | 120.0 | | 120.0 | 77.94 | Green | | 77.94 |
| M | 44 | 90 | John Mackechnie | Gauteng Xmas | 140.0 | 105.0 | 200.0 | 445.0 | 293.74 | Orange | Orange | 69.3105 |
| M | 45 | 90 | John Mackechnie | Gauteng Champs | 145.0 | 120.0 | 200.0 | 465.0 | 300.90 | Green | Orange | 77.652 |
| M | 46 | 90 | John Mackechnie | InterProvincial | | 117.5 | 260.0 | 377.5 | 243.68 | Green | Yellow | 75.84625 |
| M | 47 | 90 | John Mackechnie | SA Bench Feb | | 115.0 | | 115.0 | 74.65 | Green | Yellow | 74.6465 |
| M | 48 | 110 | Jonathan Featherston | SA Bench Nov | | 207.5 | | 207.5 | 122.11 | Elite 1 | Yellow | 122.11375 |
| M | 49 | 110 | Jonathan Featherston | SA Raw Bench | | 157.5 | | 157.5 | 93.29 | Brown | Yellow | 93.28725 |
| M | 50 | 110 | Jonathan Featherston | SA Bench Feb | | 185.0 | | 185.0 | 110.45 | Silver | Yellow | 110.445 |
| M | 51 | 90 | Joshua Capazio | Gauteng Dev | 190.0 | 120.0 | 215.0 | 525.0 | 336.53 | Green | Blue | 76.92 |
| M | 52 | 90 | Joshua Capazio | SA Bench Feb | | | | | | Yellow | Yellow | |
| M | 53 | 100 | Joshua Capazorio | SA Powerlifting | 220.0 | 120.0 | 220.0 | 560.0 | 349.33 | Orange | Blue | 74.856 |
| M | 54 | 75 | Juan Louw | Gauteng Champs | 155.0 | 90.0 | 165.0 | 410.0 | 295.20 | Yellow | Orange | 64.8 |
| M | 55 | 90 | Katlego Kgame | Gauteng Dev | 190.0 | 120.0 | 230.0 | 540.0 | 352.51 | Green | Blue | 78.336 |
| M | 56 | 90 | Katlego Kgame | SA Bench Nov | | 145.0 | | 145.0 | 92.57 | Black | Yellow | 92.568 |
| W | 57 | 52 | Kelly-Anne Grobler | SA Bench Nov | | 50.0 | | 50.0 | 63.27 | Blue | Yellow | 63.27 |
| W | 58 | 52 | Kelly-Anne Grobler | SA Raw Bench | | 47.5 | | 47.5 | 60.38 | Green | | 60.37725 |
| M | 59 | 90 | Kobus Engelbrecht | SA Bench Feb | | 185.0 | | 185.0 | 118.44 | Elite 1 | Yellow | 118.437 |
| M | 60 | 82.5 | Kurt Nolting | Gauteng Champs | 130.0 | 102.5 | ----- | Disq | | Orange | #N/A | 68.8185 |
| M | 61 | 125 | Lawrence Ross Njoku | Gauteng Xmas | 240.0 | 200.0 | 270.0 | 710.0 | 409.95 | Gold | Black | 115.48 |
| W | 62 | 52 | Liliana Coleman | Gauteng Dev | | 47.5 | | 47.5 | 61.39 | Green | Yellow | 61.39375 |
| W | 63 | 48 | Liliana Coleman | SA Bench Nov | | 60.0 | | 60.0 | 79.46 | Bronze | Yellow | 79.464 |
| W | 64 | 48 | Liliana Coleman | SA Bench Feb | | 55.0 | | 55.0 | 74.09 | Black | Yellow | 74.085 |
| W | 65 | 56 | Lisa Basson | Gauteng Champs | 90.0 | 55.0 | 120.0 | 265.0 | 326.48 | Blue | Brown | 67.76 |
| W | 66 | 56 | Lisa Basson | SA Bench Nov | | 75.0 | | 75.0 | 89.50 | Silver | Yellow | 89.4975 |
| W | 67 | 56 | Lisa Basson | InterProvincial | 110.0 | 70.0 | 135.0 | 315.0 | 382.44 | Bronze | Bronze | 84.987 |
| W | 68 | 56 | Lisa Basson | SA Powerlifting | 110.0 | 65.0 | 130.0 | 305.0 | 371.92 | Black | Black | 79.261 |
| W | 69 | 56 | Lisa Basson | SA Raw Bench | | 57.5 | | 57.5 | 68.91 | Blue | | 68.91375 |
| W | 70 | 56 | Louise Steenkamp | SA Powerlifting | 135.0 | 57.5 | 157.5 | 350.0 | 412.97 | Blue | Silver | 67.84425 |
| M | 71 | 75 | Mabuya Khati | SA Raw Bench | | 90.0 | | 90.0 | 68.51 | Yellow | | 68.508 |
| M | 72 | 82.5 | Maiki Thapelo | SA Raw Bench | | 105.0 | | 105.0 | 72.80 | Orange | Yellow | 72.7965 |
| M | 73 | 100 | Mark Phillips | Gauteng Xmas | 250.0 | 170.0 | 250.0 | 670.0 | 421.10 | Bronze | Black | 106.845 |
| M | 74 | 100 | Mark Phillips | SA Bench Feb | | | | | | Yellow | Yellow | |
| M | 75 | 75 | Marlon Daniels | Gauteng Champs | 220.0 | 180.0 | 220.0 | 620.0 | 448.14 | Elite 2 | Silver | 130.104 |
| M | 76 | 75 | Marlon Daniels | SA Powerlifting | 220.0 | 170.0 | 240.0 | 630.0 | 450.20 | Elite 1 | Silver | 121.482 |
| M | 77 | 75 | Marlon Daniels | SA Bench Feb | | 177.5 | | 177.5 | 128.05 | Elite 2 | Yellow | 128.0485 |
| M | 78 | 110 | Mathew Cosmo | InterProvincial | 200.0 | 175.0 | | 375.0 | 225.56 | Bronze | Yellow | 105.2625 |
| M | 79 | 75 | Mathew Stevens | Gauteng Champs | 120.0 | 85.0 | 180.0 | 385.0 | 281.90 | Yellow | Yellow | 62.237 |
| M | 80 | 82.5 | Matthew Oluwatuyi | Gauteng Dev | 220.0 | 150.0 | 220.0 | 590.0 | 400.32 | Bronze | Black | 101.775 |
| M | 81 | 90 | Michael Motaung | SA Bench Feb | 1 | 120.0 | | 120.0 | 78.90 | Green | Yellow | 78.9 |

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| M | 82 | 100 | Michael Snyman | Gauteng Xmas | 195.0 | 120.0 | 200.0 | 515.0 | 326.61 | Orange | Green | 76.104 |
| M | 83 | 82.5 | Neal Coleman | Gauteng Dev | | 100.0 | | 100.0 | 67.79 | Orange | Yellow | 67.79 |
| M | 84 | 82.5 | Neal Coleman | SA Bench Nov | | 130.0 | | 130.0 | 87.09 | Brown | Yellow | 87.087 |
| M | 85 | 82.5 | Neal Coleman | SA Bench Feb | | 120.0 | | 120.0 | 80.99 | Blue | Yellow | 80.988 |
| M | 86 | 110 | Nick Tatalias | SA Bench Feb | | 177.5 | | 177.5 | 104.46 | Bronze | Yellow | 104.45875 |
| M | 87 | 90 | Robert Huff | Gauteng Champs | ----- | | | Disq | | Yellow | #N/A | |
| M | 88 | 125+ | Ruwan Kleinsmit | SA Bench Feb | | | | | | Yellow | Yellow | |
| M | 89 | 82.5 | Sean Anthony | SA Bench Feb | | 142.5 | | 142.5 | 98.88 | Black | Yellow | 98.88075 |
| M | 90 | 90 | Shane Clark | Gauteng Xmas | 110.0 | 90.0 | 205.0 | 405.0 | 267.34 | Yellow | Yellow | 59.409 |
| M | 91 | 110 | Shane Meyer | Gauteng Xmas | 195.0 | 130.0 | 225.0 | 550.0 | 332.15 | Green | Green | 78.507 |
| M | 92 | 110 | Shane Meyer | Pirates | 200.0 | 140.0 | 220.0 | 560.0 | 338.18 | Blue | Green | 84.546 |
| M | 93 | 82.5 | Solomon Liebenberg | SA Bench Feb | | 125.0 | | 125.0 | 85.89 | Blue | Yellow | 85.8875 |
| M | 94 | 52 | Thabo Thahlanohaka | SA Bench Feb | | 100.0 | | 100.0 | 106.53 | Bronze | Yellow | 106.53 |
| M | 95 | 75 | Tshepo Kgame | Gauteng Xmas | 130.0 | 100.0 | 180.0 | 410.0 | 305.90 | Green | Orange | 74.61 |
| M | 96 | 67.5 | Tshepo Kgame | SA Bench Nov | | 145.0 | | 145.0 | 111.80 | Elite 1 | Yellow | 111.795 |
| M | 97 | 67.5 | Tshepo Kgame | InterProvincial | 175.0 | 127.5 | 182.5 | 485.0 | 373.94 | Bronze | Brown | 98.3025 |
| M | 98 | 75 | Tshepo Kgame | SA Powerlifting | 190.0 | 125.0 | 165.0 | 480.0 | 360.10 | Brown | Blue | 93.775 |
| M | 99 | 75 | Tshepo Kgame | SA Raw Bench | | 115.0 | | 115.0 | 85.62 | Blue | | 85.6175 |
| M | 100 | 125 | Uchenna Okalome | Gauteng Xmas | 280.0 | 210.0 | 270.0 | 760.0 | 437.91 | Gold | Bronze | 121.002 |
| M | 101 | 125+ | Wayne Newby | Gauteng Xmas | 280.0 | 200.0 | 225.0 | 705.0 | 394.02 | Silver | Brown | 111.78 |
| M | 102 | 90 | William Kempen | SA Bench Nov | | 125.0 | | 125.0 | 79.80 | Blue | Yellow | 79.8 |
| M | 103 | 90 | William Kempen | SA Bench Feb | | 125.0 | | 125.0 | 82.58 | Blue | Yellow | 82.575 |
| M | 104 | 100 | Willie White | Gauteng Xmas | 200.0 | 130.0 | 250.0 | 580.0 | 353.97 | Green | Blue | 79.339 |
| M | 105 | 100 | Yusyf Ishola Ogumdire | Gauteng Xmas | 190.0 | 120.0 | 230.0 | 540.0 | 328.64 | Orange | Green | 73.032 |
| W | 106 | 90+ | Yvette Coetzee | Gauteng Champs | 65.0 | 57.5 | 135.0 | 257.5 | 212.05 | Yellow | Yellow | 47.35125 |
| W | 107 | 90+ | Yvette Coetzee | SA Bench Nov | | 95.0 | | 95.0 | 80.41 | Yellow | Yellow | 80.408 |
| W | 108 | 90+ | Yvette Coetzee | InterProvincial | 135.0 | 77.5 | 152.5 | 365.0 | 302.37 | Yellow | Yellow | 64.201 |
| W | 109 | 90+ | Yvette Coetzee | SA Powerlifting | 140.0 | 65.0 | 145.0 | 350.0 | 288.79 | Yellow | Yellow | 53.6315 |
| W | 110 | 90 | Yvette Coetzee | SA Raw Bench | | 72.5 | | 72.5 | 59.79 | Yellow | Yellow | 59.79075 |
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